

PROJECT: **SHINE** INSPIRED LEADERSHIP



Barbara E. Reppert, CPA, CMA

Co-Creator Project: SHINE Inc.

“There is an I in Team!”

The statement itself, that there *IS* an “I” in team may be contrary to popular belief and contrary to how the word itself is spelled, but it is one of the most powerful leadership lessons being leveraged by successful people today. Each of us have the responsibility to bring the best version of ourselves to any team that we are part of and to be accountable for leveraging our strengths while encouraging and supporting the rest of the team to leverage theirs.

Focusing and reflecting on the words responsibility and accountability changed my self-evaluation. Each day we have to make a choice in regard to how we “show-up” in life, which is grounded in our daily habits. Every day we are faced with an uncountable number of decisions and research shows that 40% of those decisions are made out of habit versus conscious thought. Imagine that, that 40% of our waking hours, we are operating on autopilot and potentially all of that time could be wasted on activities and interactions that are not serving our teams or us.

The intent of this session is to help you move from a state of unconscious habit to conscious choice. It’s a time for you to reflect on moments where you maybe weren’t playing at your best and how that impacted your performance and that of the team. It’s a time for recalibration when you focus on your strengths, identify the strengths within your team and build an action plan on how to leverage them all. It’s a time for you as a leader to leverage this newfound wisdom and insights to launch your teams forward.